



KICKBOXING - BOXING - GYM

# GROUP FITNESS SCHEDULE

TIME	MON	TUE	WED	THU	FRI	SAT
6:30AM - 7:30AM	ATL CARDIO BOXING	ATL CARDIO BOXING	ATL CARDIO BOXING	ATL CARDIO BOXING		
9:30AM - 10:30AM						ATL CARDIO KICKBOXING
12:00PM - 12:30PM	ATL CARDIO BOXING	ATL CARDIO BOXING	ATL CARDIO KICKBOXING	ATL CARDIO BOXING		
5:15PM - 6:15PM	ATL BOOT CAMP	ATL CARDIO KICKBOXING	ATL CARDIO BOXING	ATL CARDIO KICKBOXING	ATL BOOT CAMP	
6:15PM - 7:15PM	ATL CARDIO KICKBOXING	ATL CARDIO BOXING	ATL CARDIO KICKBOXING	ATL CARDIO BOXING		